

BREAKFAST MENU

EGGS YOUR WAY (gf available) poached, scrambled or fried with toasted sourdough	11.00
MUSHROOM BRUSCHETTA (v) mushroom, rocket, roasted tomato, balsamic glaze with dried cranberries on toast	15.00
AVOCADO SUMMER TOAST (v, gf bread available) toasted sourdough, avocado, tomato, olives, feta cheese and cucumber	17.00
CROQUE MADAM (gf available) French sandwich, fried egg, bechamel sauce, ham and swiss cheese on toast	16.00
GEORGE'S BENEDICT (gf available) poached eggs, hollandaise sauce, chipotle salt, pastrami, house-made sauerkraut and toast	16.50
FULL ENGLISH BREAKFAST (gf available) sourdough, bacon, chipolata sausage, hash brown, poached egg, sautéed mushrooms and baked beans	20.00
EGGS FLORENTINE (v, gf available) toasted sourdough, poached eggs, hollandaise, rocket, herbed tomato hash brown with bacon or smoked salmon	18.00

SOMETHING LIGHT

BANANA BREAD two slices of toasted banana, butter and maple syrup	10.00
HEALTHY START homemade muesli, seasonal fruits, natural yoghurt	10.00

SIDES

one egg your way 3.00 | half avocado 4.00 | two slices of bacon 4.00 | sautéed mushrooms 3.00 | one sourdough bread 2.00 | half herb roasted tomato 2.00
two hash browns 3.00 | smoked salmon 4.00 | Pastrami 6.00 |
two sausages 4.00 |

DRINKS

HOT DRINKS

Flat White, Cappuccino, Latte, Long Black,	4.00
Short Macchiato, Mocha, Hot Chocolate, Espresso	
Long macchiato	4.00
Double Espresso	4.00
Turmeric Latte, Matcha Latte	4.50
Selection of Teas	4.50

English Breakfast, Early Grey, Jasmine Tea, Green Sencha, Summer Fruits & Blossoms, Lemongrass & Ginger, Organic Peppermint, Organic Rooibos, Green Sencha & Coconut, Organic Peppermint & Lime and Chai Tea

COLD DRINKS

MILKSHAKES	5.50
Chocolate, Strawberry, Spearmint, Caramel, Banana	
ICED DRINKS	5.00
Coffee, Mocha, Chocolate	
ICED FRAPPES	6.00
Chocolate, Mocha, Coffee	

INTROJUICE SUPERFOOD

BEAUTIFY YOU	5.50
Rosehip, Purple Carrot, Blueberry, Pear, Orange, Banana, Passionfruit	
VITALISE YOU	5.50
Spirulina, Lemon, Orange, Apple, Banana, Passionfruit	
RECHARGE YOU	5.50
Mesquite, Banana, Pineapple, Apple, Passionfruit	
CLEANSE YOU	5.50
Wheatgrass, Barley Grass, Spirulina, Chlorella, Mango, Apple, Lime, Passionfruit	
ENERGISE YOU	5.50
Apple, Orange, Banana, Strawberry, Maqui	